

Therapeutic Hypothesizing & Case Consultation

A six-week teleclass with Hakomi Trainers Morgan Holford & Maci Daye

Schedule: *Fridays: 3:00-4:30, EST*

Dates: *February 3 & 24, 2012; March 9 & 16, 2012 & April 6, 2012*

Unsure how to use Hakomi with certain clients? Want help devising a therapeutic strategy? Then join us for an interactive learning experience as we discuss the unconscious needs and character processes of various clients and the felt sense of the therapist when working with them.

During each session, we will:

1. Discuss a minimum of two cases presented by participants on the call.
2. Hypothesize about character processes, the missing experience and the barrier, by considering the presenting issue/theme, therapeutic alliance and client's management strategies.
3. Recommend both an overarching strategy to promote transformation and specific experiments to access core material.
4. Use the therapist's counter-transference to make guesses about the client's early life experiences.
5. Explore ways to regulate ourselves, as therapists, to recover curiosity and compassion for clients who challenge us.

Registration: www.macidaye.com

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