

---

# THE TAO OF BEING WITH

---

*RON KURTZ*

---

AN EXPRESSION OF THE  
TAO TE CHING  
IN REFERENCE TO  
PSYCHOTHERAPY

one

Don't get lost in the words.  
Words are not experience.  
Experience is basic.  
Words give rise to complications.  
Not needing to make things happen,  
    one understands deeply.  
Needing to make things happen,  
    one learns about practical matters.  
Core and surface are parts of the same whole.  
It is in being open and innocent,  
That the possibility of understanding arises.